

UPMC Health Plan offers vision benefits through an arrangement with Vision Benefits of America (VBA), a comprehensive nationwide network of eye care providers that has been managing group vision benefits for more than 40 years. Through its more than 13,000 participating optometrists, ophthalmologists, and retail optical facilities, VBA provides managed vision care to more than 1 million members across the country.

What are my benefits through VBA?

Your benefit plan includes a complete exam of your eyes and related structures to determine the presence of any vision problems.

You and your adult dependents (age 19 or older) are eligible for a vision exam once every 24 months. Your dependents younger than 19 years of age are eligible for an exam every 12 months.

When you visit a VBA network provider, you will incur no out-of-pocket costs for your vision exam.

You do have the option to visit a non-VBA network eye care professional for your vision exam, but the exam will be covered at a lower level of benefits and you will have higher out-of-pocket costs. VBA will reimburse you \$30 towards the cost of a vision exam by a non-participating provider.

Why should I use a VBA network provider for my vision care?

When you choose VBA network providers to supply your vision care, you will incur lower out-of-pocket costs than if you visit non-VBA network eye care professionals.

Using a VBA vision professional also ensures the quality of your eye care. All of the providers in VBA's network have agreed to adhere to VBA's strict examination standards.

What do I have to do to use my VBA benefits?

Before you can receive covered services, you must obtain a validated VBA benefit form by doing one of the following:

- Call VBA toll-free at 1-800-432-4966. VBA customer service personnel are available from 8:30 a.m. to 7:00 p.m., Monday through Friday.

An automated benefit request line also operates at this same number, 7 days a week, 24 hours a day. Simply call 1-800-432-4966 and press "4," then follow the prompts. You will need to know the member ID number (Social Security number), home zip code, and date of birth for the member for whom you are requesting the form. This is the fastest and easiest way to request a VBA benefit form.

- Visit VBA's website at www.visionbenefits.com

If you are eligible for benefits, within approximately one week you will receive a valid benefit form and a list of VBA providers in your area. You can then make an appointment with the provider of your choice.

To take full advantage of your coverage, you must present the VBA benefit form to your eye care provider at your first visit. If you do not present the benefit form to your provider, you run the risk of being charged higher fees. You must use the VBA benefit form within 90 days of the issue date on the form.

VBA Vision Care Program (Exam Only – Plan #750)

Benefit	Amount covered (if a VBA provider performs services)	Amount reimbursed (if a non-VBA provider performs services)
Vision exam	100%	\$30

Policyholder and adult dependents are each eligible for a vision exam once every 24 months.
Policyholder's covered children (younger than 19 years of age) are each eligible for a vision exam once every 12 months.